

Writing Prompts:

Write a diary entry about your best P.E. lesson ever.

Describe a sports match from the point of view of the ball.

Invent your own sport and explain the rules.

Write a story about someone who learns a new skill in P.E.

Create a character who is amazing at sport — what's their secret?

Write an explanation of how to keep your body healthy and active.

P.E. Writing Toolkit – YEAR 3 – Sentence Starters

Here is a bank of sentence starters that can be used as prompts or to help you get started...

Yesterday in P.E., we...

My heart was racing as...

The ball rolled across the...

To play my new sport, you must...

Everyone was cheering when...

“I never thought I could do it!” I said...

The coach showed us how to...

We started by warming up and then...

I felt proud because...

In the future, sports might...

P.E. Writing Toolkit – YEAR 3 – Vocabulary Bank

Here's a bank of good words and phrases that can be used as prompts or to help you to improve your writing...

Action Words

dribble
dodge
throw
score
train
sprint
balance
compete
stretch
warm up

Describing Words

competitive
determined
athletic
confident
focused
sweaty
tired
cheerful
coordinated
victorious

Things / Equipment

referee
pitch
gym mat
goal
cones
whistle
netball
racket
sports kit
water bottle