

KS1 – Lesson Plan 2 – English

How can movement help us tell stories?

Aim: To develop storytelling and sequencing skills through imaginative movement and drama-based physical activities.	Key Words: • story, beginning, middle, end, character, setting, movement, action, freeze-frame, describe	Preparation: • Story cards or picture prompts • Large open space (hall or outdoor area) • Music (optional, for atmosphere) • Whiteboards or clipboards and pencils • Soft props (e.g. scarves, foam swords, toy crowns, etc.)
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Prior Learning: Children should be familiar with simple story structures (beginning, middle, end) and basic character and setting vocabulary.

WC / PT	<u>Warm-up:</u> Character Movers Call out characters (e.g. lion, fairy, robot) — children move around the space acting like that character. Encourage descriptive movements (How would a lion walk? How does a robot move?). Add actions from well-known stories too.	0-5 mins
WC	<u>Main Teach:</u> 1. Tell a simple story using movement. For example, “We’re going on a journey through a forest...” and act out the story with children copying the movements: walking through trees, jumping over logs, running from a dragon, etc. 2. Introduce sequencing. After the story, discuss: What happened first? Then what? What was the ending? 3. Freeze-frame activity. In groups, children act out a part of the story and freeze. Other groups guess which part of the story is being shown.	5-10 mins

I / S	<u>Activity:</u> Create a Movement Story In pairs or small groups, children: • Choose a character • Choose a setting (e.g. jungle, castle, space) • Create a short story in 3 parts: beginning, middle, and end • Act out each part using movement only • Retell the story verbally or draw a simple story map afterwards	10-30 mins
I	<u>Extension Challenge:</u> Children write a short caption or sentence to match one of their freeze-frames or describe their character and setting using descriptive words.	30-35 mins
WC	<u>Plenary:</u> Children write a short caption or sentence to match one of their freeze-frames or describe their character and setting using descriptive words.	35-40 mins

WC – Whole Class

PT – Partner Talk

I – Independent

S - Support

Challenge A	Create a Sports Storybook Children work in pairs or small groups to write and illustrate a short story about a character (real or fictional) who tries a new sport. Their story should have a beginning, middle, and end, and include key sporting vocabulary (e.g. run, throw, win, team).
Challenge B	Design a Medal for a Story Hero After hearing or creating a story about sporting success, children design a medal or trophy for the main character. They decorate it with words that describe the character's sporting values (e.g. brave, strong, kind, fast).